

## Celebrating The All-Sufficient Christ

What joy to explore Paul's letter with the highest Christology in the New Testament! The Life with God Bible says, "**Colossians rightly gives pride of place to the all-sufficient Lord Christ. He is Lord of all, Lord of the cosmos.** In this way, Colossians has the 'highest' doctrine concerning Jesus Christ in the New Testament."

With words of promise like these, certainly we can enter the coldest season of the year with anticipation of some word that will speak to us from this timeless letter. Because the wise men were guided by the star, this is called the season of light or Epiphany. May we in regular prayer be guided by the Light of Christ daily.

Being a short book of only 4 chapters covered in 31 days, often there will only be 2 or 3 verses to read a day, but how power-packed they will be. Each day we can take personal time perhaps at a special place in our home, soon known as our "prayer place".

Release all cares and center on the Good News of the Gospel. We can read the text of the day, and re-read it in a slow meditative manner. Pause with each word or phrase to take in its meaning for us. Meditate on those words; take in the meaning for you this day.

And then pray. Pray prayers of intention to ask God's help to live by the day's text. Usually a situation arises where the meaning of the text becomes real. Ask the Living Christ, the **All-Sufficient Christ**, to help you faithfully follow the words of the text.

Offer words of thanksgiving as they come to your mind, words of confession, asking God's forgiveness where you have fallen short. Receive the grace of the all-sufficient Christ; ask to grow in His likeness. Pray prayers for those you know are in need.

Purpose to live by the **All-Sufficient Christ**, to learn of His ways, to trust in His purposes, and to let Him guide your life. Celebrate the **All-Sufficient Christ** as you see evidences of Him at work.

Below are texts that follow a slow reading of Colossians. There is a Sunday text and sermon topic and a daily text for you to use in your prayer time. The insert invites you to discern where God is leading in your next step of spiritual disciplines. Decide where you are led and commit these 4 weeks to spiritual growth.

---

### **Sunday: January 13 - The Hope of the Gospel and Bearing Fruit Colossians 1:1-8**

<i>Mon.:</i>	1/14 - To the saints...grace to you and peace...	Col. 1:1-2
<i>Tues.:</i>	1/15 - The hope of the Gospel and bearing fruit	Col. 1:3-8
<i>Wed.:</i>	1/16 - "Filled with the knowledge of God's will"	Col. 1:9-10
<i>Thurs.:</i>	1/17 - "made strong...patience, joy, thanks."	Col. 1:11-12
<i>Fri.:</i>	1/18 - "Rescued...transferred...forgiveness"	Col. 1:13-14
<i>Sat.:</i>	1/19 - The Supremacy of Christ	Col. 1:15-20

---

### **Sunday: January 20 - "The Supremacy of Christ" Colossians 1:15-20**

<i>Mon.:</i>	1/21 - "Present you holy and blameless"	Col.1:21-23
<i>Tues.:</i>	1/22 - "The Mystery...hidden...now revealed"	Col. 1:24-26
<i>Wed.:</i>	1/23 - "Christ in you, the hope of glory"	Col. 1:27-29
<i>Thurs.:</i>	1/24 - "hearts encouraged, united in love..."	Col. 2:1-5
<i>Fri.:</i>	1/25 - "continue to live your life in him"	Col. 2:6-9
<i>Sat.:</i>	1/26 - Fullness of Life in Christ	Col. 2:10-15

---

### **Sunday: January 27 - "Alive Together with Christ" Colossians 2:10-15**

<i>Mon.:</i>	1/28 - "Rejoice and exult with all..."	Col. 2:16-19
<i>Tues.:</i>	1/29 - Dying to elemental spirits	Col. 2:20-23
<i>Wed.:</i>	1/30 - "Seek the things that are above"	Col. 3:1-4
<i>Thurs.:</i>	1/31 - "Seek the things that are above"	Col. 3:5-7
<i>Fri.:</i>	2/1 - "But now you must get rid of all such things"	Col. 3:8-9
<i>Sat.:</i>	2/2 - "and have clothed yourselves with the new self"	Col. 3:10-11

---

### **Sunday: February 3 - New Life in Christ; A New Wardrobe Colossians 3:12-17**

<i>Mon.:</i>	2/4 - "As God's chosen ones, clothe yourselves..."	Col. 3:12-13
<i>Tues.:</i>	2/5 - "Above all, clothe yourselves with love..."	Col. 3:12-15
<i>Wed.:</i>	2/6 - "Let the word of God dwell in you richly"	Col. 3:16
<i>Thurs.:</i>	2/7 - And whatever you do..."	Col. 3:17
<i>Fri.:</i>	2/8 - Christian Household Rules, part 1	Col. 3:18-19
<i>Sat.:</i>	2/9 - Christian Household Rules, part 2-children	Col. 3:20-25

---

**Sunday: February 10 Time Management for Christians**

**“Make the Most of the Time” - Colossians 4:2-6**

*Mon.:* 2/11 - “coworkers for the Kingdom” Col. 4:7-12

*Tues.:* 2/12 - “complete the task that you have received from the Lord”  
Col. 4:13-18

*Ash Wednesday:* Matthew 6: 1-6, 16-18

(Next Spiritual Disciplines Folder begins with Lent)

---

## Journal Notes

© David S. Young, 2012 *Springs of Living Water!* The Sunday texts and daily readings are taken from Paul’s letter to the Church at Colossae. Using the copyright designation here, you may adapt this folder and then copy it for your use. You can have Sunday School classes or small groups use this folder as well. Churches can use it to share their faith journey with others as well.

In Springs of Living Water, we are in a partnership with Christ and with others seeking renewal of the church as an ongoing process of spiritual growth. Our hope is to live a Christ-centered mission as individuals and as the church. For more information see [www.churchrenewalservant.org](http://www.churchrenewalservant.org) or email [davidyoung@churchrenewalservant.org](mailto:davidyoung@churchrenewalservant.org).

# Celebrating

# The All Sufficient Christ



Spiritual Disciplines Folder  
January 13, 2013 – February 12, 2013  
Church of the Brethren and beyond

## Celebrating the All Sufficient Christ!

Our hope for the next 4 weeks is that we will delve deeply into the theme of the **All Sufficient Christ**. What message does Paul have for us to consider here for 2013? With this theme, the Good News of the Gospel can certainly speak to us in a special way.

Below are spiritual disciplines. Spend time in prayer discerning the next step that will help you grow in your spiritual walk. Practicing these disciplines, let us experience the Good News of the Savior.

Let us be in prayer for one another as we seek to learn more about Christ and allow him to be the all sufficient Christ for us. Circle disciplines you practice and add one new one for these next six weeks.

1. Spend some time considering the all sufficient Christ. Using this theme, write down one way you feel called to grow in your faith.

### The All Sufficient Christ:

---

2. Daily read and meditate on scripture and have focused prayer.
3. Weekly participate in Sunday School and worship.
4. In what way do you feel called to live by the **All Sufficient Christ**?

What do you want to give up? \_\_\_\_\_

What do you feel called to take up? \_\_\_\_\_

5. In what way do you desire to grow in joy, grow in confidence, grow in trust, grow in sharing the **All Sufficient Christ**?
- 

List of Spiritual Disciplines: Meditation, Prayer, Fasting, Study, Simplicity, Solitude, Submission, Service, Confession, Worship, Guidance, Celebration.

I am asking God's help as I make this commitment \_\_\_\_\_

## Celebrating the All Sufficient Christ!

Our hope for the next 4 weeks is that we will delve deeply into the theme of the **All Sufficient Christ**. What message does Paul have for us to consider here for 2013? With this theme, the Good News of the Gospel can certainly speak to us in a special way.

Below are spiritual disciplines. Spend time in prayer discerning the next step that will help you grow in your spiritual walk. Practicing these disciplines, let us experience the Good News of the Savior.

Let us be in prayer for one another as we seek to learn more about Christ and allow him to be the all sufficient Christ for us. Circle disciplines you practice and add one new one for these next six weeks.

1. Spend some time considering the all sufficient Christ. Using this theme, write down one way you feel called to grow in your faith.

### The All Sufficient Christ:

---

2. Daily read and meditate on scripture and have focused prayer.
3. Weekly participate in Sunday School and worship.
4. In what way do you feel called to live by the **All Sufficient Christ**?

What do you want to give up? \_\_\_\_\_

What do you feel called to take up? \_\_\_\_\_

5. What way do you desire to grow in joy, grow in confidence, grow in trust, grow in sharing the **All Sufficient Christ**?
- 

List of Spiritual Disciplines: Meditation, Prayer, Fasting, Study, Simplicity, Solitude, Submission, Service, Confession, Worship, Guidance, Celebration.

I am asking God's help as I make this commitment \_\_\_\_\_